



## STAGE 6 – Year 11 SLR

### Topic – Individual Games I

Due Date: Term 1, Week 9-10	Assessment Name: Individual Games I
Mark: /20	Weighting: 30%

#### SYLLABUS OUTCOMES TO BE ASSESSED:

- 2.1 Explains the principles of skill development and training
- 3.1 Selects appropriate strategies and tactics for success in a range of movement contexts
- 4.4 Demonstrates competence and confidence in movement contexts

#### DIRECTIVES TO BE ASSESSED:

**Explains** - Relate cause and effect; make the relationships between things evident; provide why and/or how

**Selects** - carefully choose as being the best or most suitable

**Demonstrates** - Show by example

#### TASK DESCRIPTION:

During practical lessons this term you will participate in a variety of individual and team games.

These may include:

- Bocce
- Boxercise
- Golf (Modified)
- Table Tennis
- Tennis

During practical lessons you will need to:

- **Demonstrate** your ability to enhance safety and apply the rules that relate to participation in a range of physical activity **(5 marks)**
  - Follow correct rules of a variety of games to enhance safety
  - Applying the correct techniques of the chosen sport to reduce injuries
- **Recognise** skills and abilities required and **plans** and **selects** strategies and tactics for success in a range of individual and team games, and works as a team to achieve performance goals **(5 marks)**
  - Identifies the skills needed for specific individual games.
  - Reads and anticipates the offensive and defensive plays by your opponent and modify your game play.
  - Design attacking and offensive strategies to achieve success in a variety of individual games.

- **Demonstrates** a transfer of learning between each individual game, and **demonstrates** competence and confidence in a variety of individual games. (10 marks)
  - Shows a transfer of knowledge through a variety of individual games.
  - Shows confidence in skills and ability throughout game
  - Completes skills with ease and increased proficiency.

**Total 20 marks**

**ASSESSMENT CRITERIA:**

Students will be assessed on their ability

- Perform in a range of individual and team games
- Bring the appropriate uniform for all lessons and participate in all lessons
- Apply the correct rules and techniques for safety reasons
- Identify the strategies needed in a range of games and apply a variety of strategies for success and achieve performance goals
- Read and respond to offensive and defensive plays by your team and your opponents and respond accordingly
- Show good sportsmanship during and after games towards your classmates
- Show good communication skills between competitors and classmates
- Display a competency in relation to skills
- Display confidence within your performance of a variety of individual and team games

## MARKING GUIDELINES

Guideline - <b>Demonstrate</b> your ability to enhance safety and apply the rules that relate to participation in a range of physical activity	Mark/Grade
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> an outstanding ability to enhance safety and apply the rules that relate to participation in a range of physical activities                             <ul style="list-style-type: none"> <li>○ Uses correct technique in <b>ALL</b> games and sports to enhance safety and reduce the chances of injury.</li> <li>○ Understands and follows the rules and principles of play of the game to ensure they gain an advantage throughout play.</li> <li>○ Demonstrates high application towards <b>ALL</b> games and sport.</li> </ul> </li> </ul>	5
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a high ability to enhance safety and apply the rules that relate to participation in a range of physical activities                             <ul style="list-style-type: none"> <li>○ Uses correct technique in <b>THREE</b> games and sports to enhance safety and reduce the chances of injury.</li> <li>○ Understands and follows the rules <u>AND</u> principles of play of the game to ensure they gain an advantage throughout play.</li> <li>○ Demonstrates high application towards <b>MOST</b> games and sports.</li> </ul> </li> </ul>	4
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a sound ability to enhance safety and apply the rules that relate to participation in a range of physical activities                             <ul style="list-style-type: none"> <li>○ Uses correct technique in <b>THREE</b> games and sports to enhance safety and reduce the chances of injury.</li> <li>○ Understands and follows the rules <u>OR</u> principles of play of the game to ensure they gain an advantage throughout play.</li> <li>○ Demonstrates application towards <b>SOME</b> games and sports.</li> </ul> </li> </ul>	3
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a basic ability to enhance safety and apply the rules that relate to participation in a range of physical activities                             <ul style="list-style-type: none"> <li>○ Attempts to use correct technique in <b>TWO</b> games or sports to enhance safety and reduce the chances of injury.</li> <li>○ Follows the rules of the game</li> <li>○ Demonstrates application towards <b>SOME</b> games and sports.</li> </ul> </li> </ul>	2
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a limited to sound ability to enhance safety and apply the rules that relate to participation in a range of physical activities                             <ul style="list-style-type: none"> <li>○ Attempts to use correct technique in <b>ONE</b> game or sport to enhance safety and reduce the chances of injury.</li> <li>○ Demonstrates application towards <b>FEW</b> games and sports.</li> </ul> </li> </ul>	1

## MARKING GUIDELINES

<b>Guideline - Recognises</b> skills and abilities required and <b>plans</b> and <b>selects</b> strategies and tactics for success in a range of individual and team games and works as a team to achieve performance goals	<b>Mark/Grade</b>
<ul style="list-style-type: none"> <li>- Outstanding ability to <b>Recognise</b> the skills and abilities required to support physical activity               <ul style="list-style-type: none"> <li>o Identifies the appropriate skills needed for <b>EACH</b> individual game and sport.</li> </ul> </li> <li>- Outstanding ability to <b>Plan</b> and <b>Select</b> appropriate strategies and tactics needed to be implemented for success in a range of individual games and performance goals               <ul style="list-style-type: none"> <li>o Uses a variety of excellent strategies both in offensive and defensive strategies for success in <b>ALL</b> individual games.</li> <li>o Outstanding ability to read and anticipate an opponent's next move throughout play.</li> </ul> </li> </ul>	<p style="text-align: center;">5</p>
<ul style="list-style-type: none"> <li>- High ability to <b>Recognise</b> the skills and abilities required to support physical activity               <ul style="list-style-type: none"> <li>o Identifies the appropriate skills needed for <b>MOST</b> individual games and sports.</li> </ul> </li> <li>- High ability to <b>Select</b> appropriate strategies and tactics needed to be implemented for success in a range of individual games and performance goals               <ul style="list-style-type: none"> <li>o Uses a variety of good offensive and defensive strategies for success in <b>MOST</b> individual games.</li> <li>o High ability to read and anticipate an opponent's next move throughout play.</li> </ul> </li> </ul>	<p style="text-align: center;">4</p>
<ul style="list-style-type: none"> <li>- Sound ability to <b>Recognise</b> the skills and abilities required to support physical activity               <ul style="list-style-type: none"> <li>o Identifies the appropriate skills needed for <b>MOST</b> individual games and sports.</li> </ul> </li> <li>- Sound ability to <b>Select</b> strategies and tactics needed to be implemented for success in a range of individual games and performance goals               <ul style="list-style-type: none"> <li>o Uses a variety of offensive <u>OR</u> defensive strategies for success in <b>MOST</b> individual games.</li> <li>o Sound ability to read and anticipate an opponent's next move throughout play.</li> </ul> </li> </ul>	<p style="text-align: center;">3</p>
<ul style="list-style-type: none"> <li>- Basic ability to <b>Recognise</b> the skills and abilities required to support physical activity               <ul style="list-style-type: none"> <li>o Identifies the appropriate skills needed for <b>SOME</b> individual games and sports.</li> </ul> </li> <li>- Basic ability to <b>Select</b> strategies and tactics needed to be implemented for success in a range of individual games and performance goals               <ul style="list-style-type: none"> <li>o Inconsistently uses a variety of offensive <u>OR</u> defensive strategies for success in <b>SOME</b> individual games.</li> <li>o Basic ability to read and anticipate an opponent's next move throughout play.</li> </ul> </li> </ul>	<p style="text-align: center;">2</p>
<ul style="list-style-type: none"> <li>- Limited ability to <b>Recognise</b> the skills and abilities required to support physical activity               <ul style="list-style-type: none"> <li>o Identifies the appropriate skills needed for a <b>FEW</b> individual games and sports.</li> </ul> </li> <li>- Limited ability to <b>Select</b> strategies and tactics needed to be implemented for success in a range of individual games and performance goals               <ul style="list-style-type: none"> <li>o Inconsistently uses a variety of good offensive <u>OR</u> defensive strategies for success in <b>FEW</b> individual games.</li> <li>o Limited ability to read and anticipate an opponent's next move throughout play.</li> </ul> </li> </ul>	<p style="text-align: center;">1</p>

## MARKING GUIDELINES

Guideline - <b>Demonstrates</b> a transfer of learning between each individual game, and <b>demonstrates</b> competence and confidence in a variety of individual games.	Mark/Grade
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> an outstanding transfer of knowledge between EACH individual game.                             <ul style="list-style-type: none"> <li>o Demonstrates proficient movement skills.</li> <li>o Demonstrates a clear and explicit understanding on why these movement skills enhance performance.</li> </ul> </li> <li>- <b>Demonstrates</b> outstanding skills and confidence during a variety of individual games.                             <ul style="list-style-type: none"> <li>o Completes skills in <b>ALL</b> individual games with ease and accuracy with limited mistakes and corrections needed.</li> <li>o Displays an excellent level of confidence when <b>applying complex skills</b> to enhance the game and performance level.</li> </ul> </li> </ul>	10-9
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a transfer of learning between THREE individual games.                             <ul style="list-style-type: none"> <li>o Demonstrates a high level of movement skills through play.</li> <li>o Demonstrates high understanding on why these movement skills enhance performance.</li> </ul> </li> <li>- <b>Demonstrates</b> a high level of skills and confidence during a variety of individual games                             <ul style="list-style-type: none"> <li>o Completes skills in <b>MOST</b> individual games with ease and accuracy with limited mistakes and corrections needed.</li> <li>o Displays a high level of confidence when <b>applying skills</b> to enhance the game and performance level.</li> </ul> </li> </ul>	8-7
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a transfer of learning between TWO individual games.                             <ul style="list-style-type: none"> <li>o Demonstrates a sound level of movement skills through play.</li> <li>o Demonstrates a sound understanding on why these movement skills enhance performance.</li> </ul> </li> <li>- <b>Demonstrates</b> sound skills and confidence during a variety of individual games                             <ul style="list-style-type: none"> <li>o Completes skills in <b>SOME</b> individual games with ease and accuracy.</li> <li>o Displays a sound level of confidence when completing <b>skills</b>.</li> </ul> </li> </ul>	6-5
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a transfer of learning between each individual game.                             <ul style="list-style-type: none"> <li>o Demonstrates a basic level of movement skills through play.</li> <li>o Demonstrates basic understanding on why these movement skills enhance performance.</li> </ul> </li> <li>- <b>Demonstrates</b> basic skills and confidence during a variety of individual games                             <ul style="list-style-type: none"> <li>o Completes skills in <b>FEW</b> individual games with ease.</li> <li>o Displays a basic level of confidence when completing <b>basic skills</b></li> </ul> </li> </ul>	4-3
<ul style="list-style-type: none"> <li>- <b>Demonstrates</b> a transfer of learning between each individual game.                             <ul style="list-style-type: none"> <li>o Demonstrates limited movement skills through play.</li> <li>o Demonstrates limited understanding on why these movement skills enhance performance.</li> </ul> </li> <li>- <b>Demonstrates</b> limited skills and confidence during a variety of individual games                             <ul style="list-style-type: none"> <li>o Completes skills in <b>LIMITED</b> individual games with ease.</li> <li>o Displays a limited level of confidence when completing <b>basic skills</b></li> <li>o Completes skills in <b>FEW</b> individual games with ease.</li> </ul> </li> </ul>	2-1